Telehealth and Behavioral Health

National Consortium of Telehealth Resource Centers
History of Telemedicine
Telemedicine Resources

• Funding Sources & Programs
  – Universal Service Administrative Company
  – Bureau of Primary Health Care
  – US Department of Agriculture
  – Local Telecommunication Companies
  – Office of Rural Health Policy
  – Telehealth Resource Centers

• Vendors & Equipment
  – AMD Telemedicine
  – GlobalMed
  – ClearSteth stethoscope, TotalExam camera, Cisco DX8 desktop video conferencing system
TytoCare Testing

Horizon is leveraging telemedicine to integrate behavioral health in its patient-centered approach.

- 16 staff comprise Horizon’s behavioral health team
- 2,815 behavioral health encounters
- to 1,068 patients in 2018
Lyle’s Story

• 51-year-old Lyle has been sober for 23 months.

• Lyle acknowledged his past so that he could rebuild his future.

• Counseling helped Lyle believe in himself so he could make the changes in his life.

• Lyle continues to explore his past traumas, depression and past addictions. He now knows his mental health has to be a priority.
In 2020, Horizon anticipates the SBIRT process will increase behavioral health encounters from 3% to 10%.

The Screening, Brief Intervention, and Referral to Treatment (SBIRT) process will be integrated using telemedicine in 2019.

Horizon’s current no-show rate for behavioral health visits is nearly 35%. It is expected SBIRT will reduce this rate significantly.
Benefits of Telemedicine

• Increases access
• Saves patient time
• Supports local economies
• Reduces stigma
Thank You!

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